**Essay Brainstorming Worksheet I: Writing Prompts**

My best qualities are…

Important decision(s) I have made are…

Adventure(s) I’ve survived are…

Important lesson(s) I have learned from experience are…

My favorite family traditions are…

An embarrassing moment I’ve overcome was when…

I have struggled with and learned…

It is important to me that…

What matters to me most is…

What makes me angry is…

A personal story I often tell is…

I am different from others because…

I changed when…

My most unusual friend is…

I was disappointed when…

The most valuable advice I’ve given…

My favorite/least favorite activity…

My finest accomplishment/talent…

I am most proud of…

I aspire to be more…

I think everyone should try this at least once…

My favorite historical figure and why…

No one should ever have to…

My claim to fame among my family and friends…

I wish people gave me more credit for…

I demonstrated maturity when…

A political issue that directly pertains to me….

If I could change one law, it would be…

A current event that changed the way I think…

If I were elected president, the first thing I’d take care of…

I appreciate this quality in my mother/father…

I respect people who…

I dislike people who…

I like this quality in a friend…

I appreciate this quality in my sibling…

I am fortunate to have met…

The most valuable advice I’ve been given…

We should all be more like this person…

I have volunteered to help another person by…

I was proud of myself when…

Something no one else knows about me is…

I was speechless when…

I felt most grown-up when…

My favorite photo is…

A problem I solved is…

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